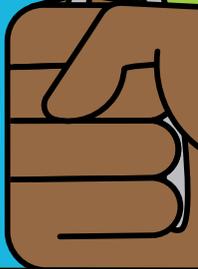
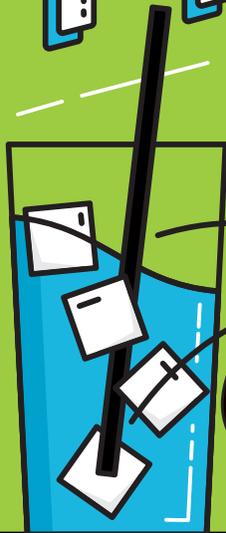
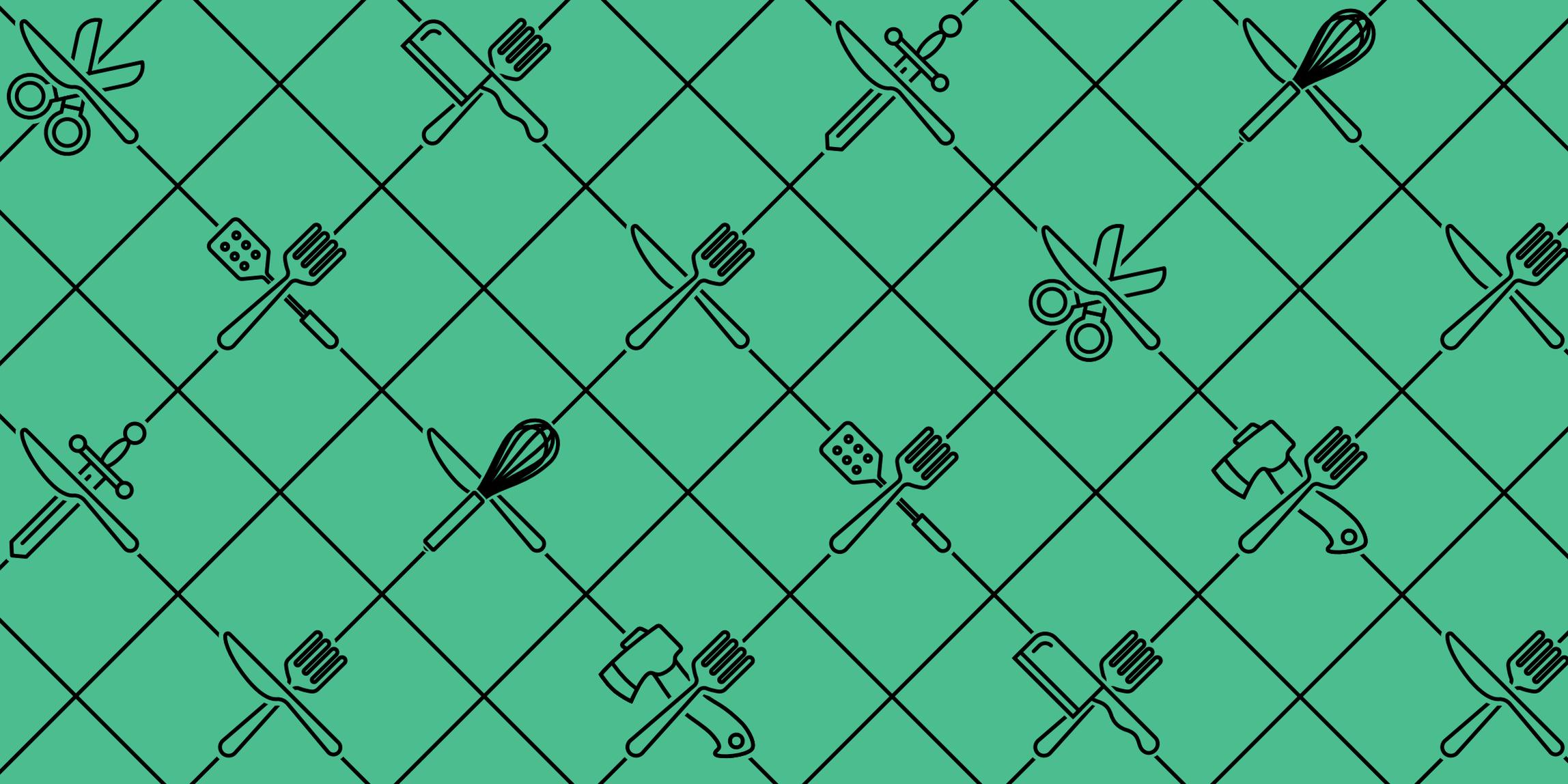


THE

PROSTART WAY

SERVING UP
SUCCESS!





THANK YOU

To the 2015 and 2016 ProStart National Educators of Excellence for their passion for ProStart and for their students. They shared their experiences and their skill to identify the traits of successful students that became the foundation of “The ProStart Way”:

Judy Achary
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Mary Arthur
Brett Boon
Nathaniel Bradshaw
Laurie Brandler
Lisa Breyfogle
Barbara J. Bruesewitz
Dennis “Doc” Cain
Audra Cooper
Kayla Correll
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Louise Dornbusch
Mary Ferrari

Dennis Finley
Charla Gillespie
Betty Glasgow
Jill Gore
Stuart Gray
Nancy Haney
Cody Hayes
Jill Hilberry
Amanda Hines
Ernest Hudson
Barbara Hummer
Megan Jaquet
Colleen Keffeler
Kimberly Krupicka
James Kuras
Ann Leider
Molly Lithgow
Cynthia Lovett

Jack Low
R. Lincoln Marquis
Brenda Marshall
Linda Marshall
Lenore Martin
Traci Martin
Kirsten Petre McDaniel
Cheryl Meyer-Thompson
Michael Mirabella
Emily Wyse Moore
Sam Musto
Santos J. Nieves
Susan Peffers
Kim Plunkett
Dan Portelance
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Karen Rodriguez
Kaitlin Russell
Monique Sabby
Garrett Sanborn
Liana Scribner
Mindi Shelton
Pamela Sloan
Mary Smith
William Twaler
Kendar Veno
Kathleen Vik
Joni Watson
Heidi Weight
Tina Wetsch
Bob Withrow
Lacey Woods
Rhonda Woods
Celeste Zaleski

SO MUCH!

To the Golden Corral Corporation for their continued commitment to honoring outstanding ProStart educators.

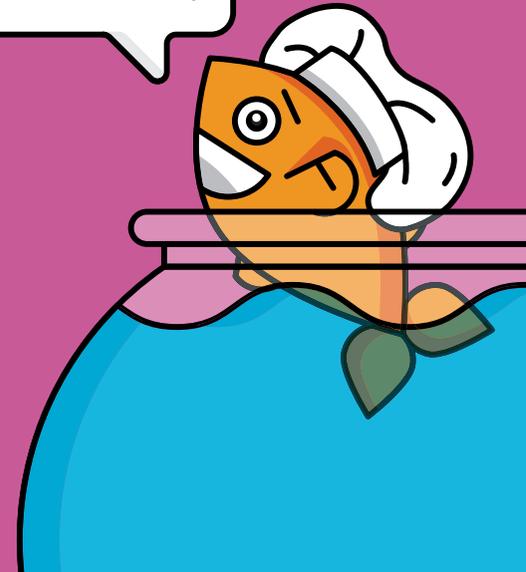


To Karen Hotaling and Floyd Thompkins of Lifelong Learning, LLC for their support and skill in helping us define “The ProStart Way.”

LET’S GET STARTED!

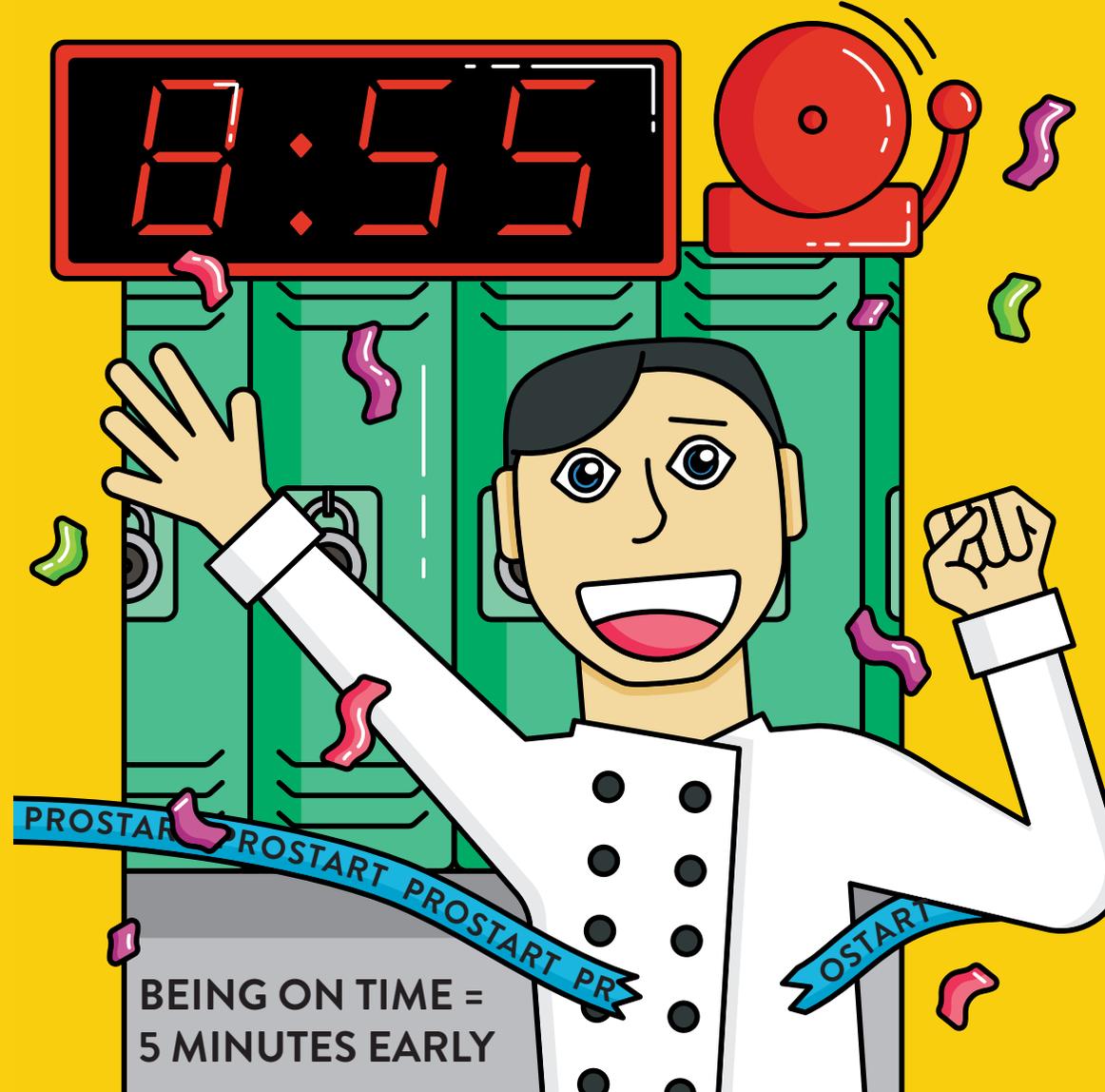
And to Hunter Wynne and the original Little Dudes for the inspiration.

THANK YOU! Without you this book would not have been possible. As you flip through these pages we hope that the dedication of everyone who worked on this project shines through.



THE PROSTART WAY: SUCCESS TIP #1

SHOW UP, ON TIME, AND
WORK AS SCHEDULED.



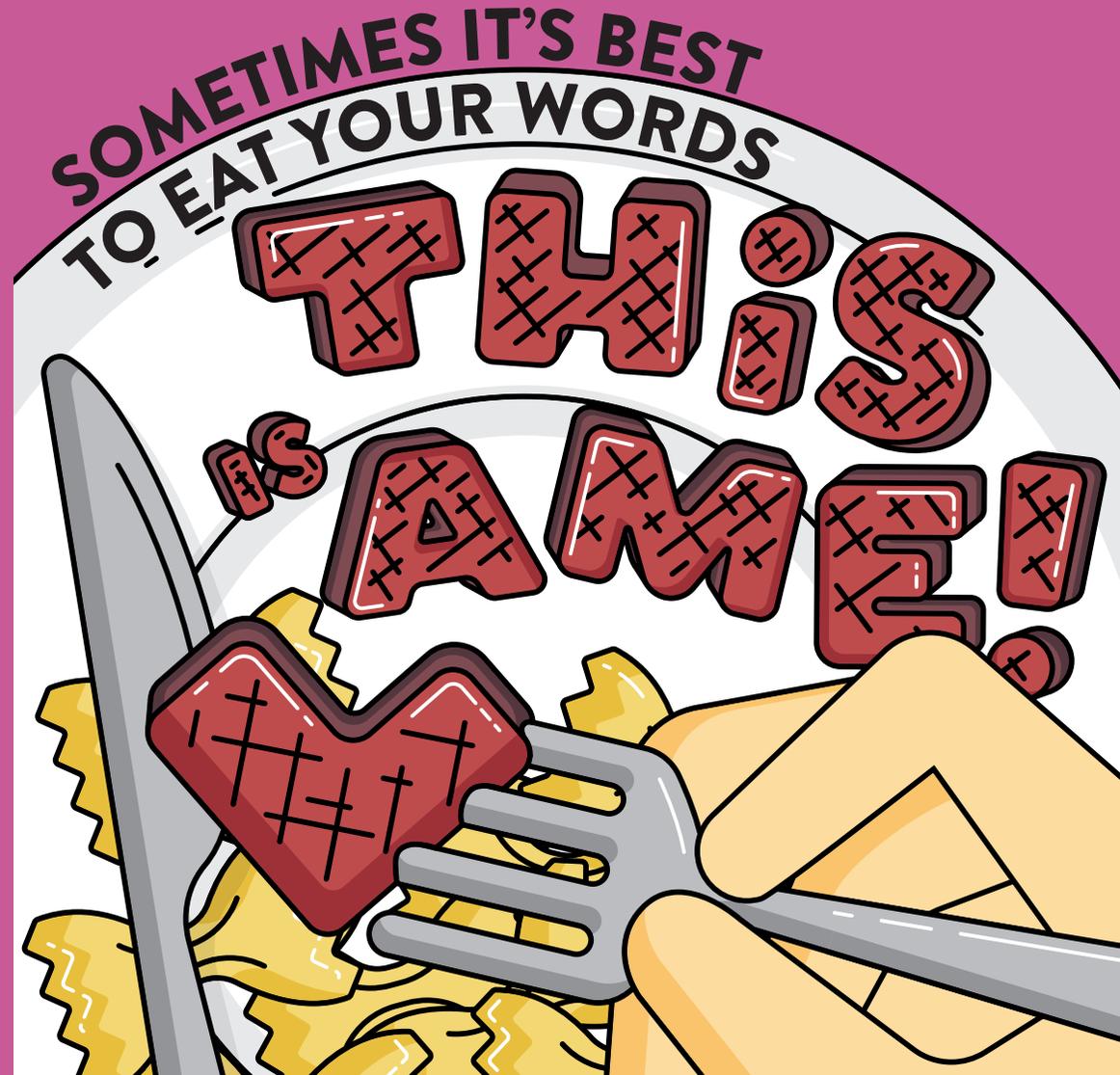
THE PROSTART WAY: SUCCESS TIP #2

DEMONSTRATE A
POSITIVE ATTITUDE.



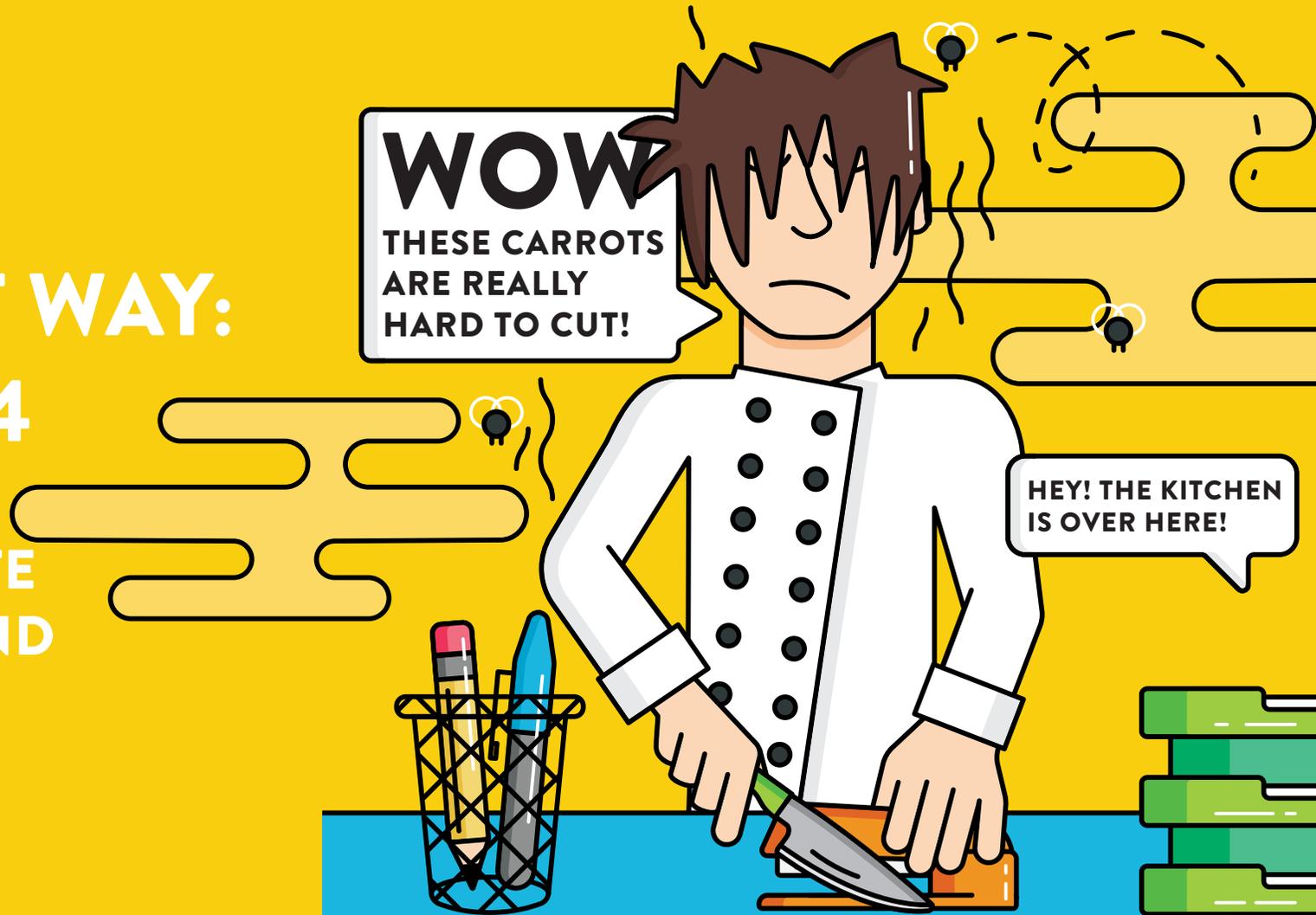
THE PROSTART WAY: SUCCESS TIP #3

BE PLEASANT, COURTEOUS AND
PROFESSIONAL WITH EVERYONE.



THE PROSTART WAY: SUCCESS TIP #4

MAINTAIN APPROPRIATE
PERSONAL HYGIENE AND
GROOMING.



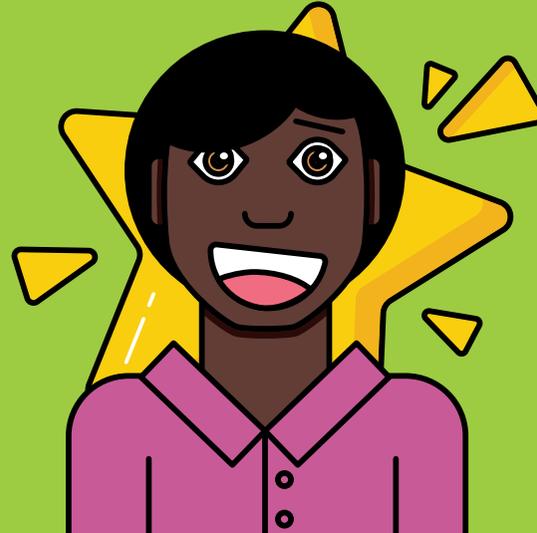
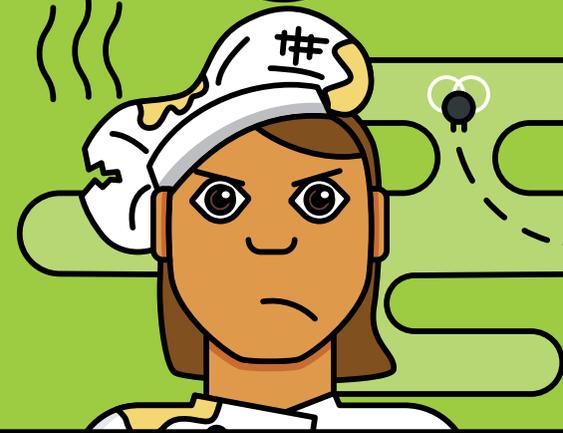
THE PROSTART WAY: SUCCESS TIP #5

ALWAYS MAINTAIN A
PROFESSIONAL APPEARANCE.

HOT



NOT



THE PROSTART WAY: SUCCESS TIP #6

FOLLOW ALL PROSTART PROGRAM
RULES AND PROCEDURES.



THE PROSTART WAY: SUCCESS TIP #7

TREAT UNEXPECTED SITUATIONS
AS OPPORTUNITIES TO LEARN.



THE PROSTART WAY: SUCCESS TIP #8

BE WILLING TO LEARN
NEW ASSIGNMENTS AND
PROCEDURES.

TODAY'S ASSIGNMENT

275 WAYS TO CUT A CARROT



THE PROSTART WAY: SUCCESS TIP #9

ACT RESPONSIBLY IN
FULFILLING OBLIGATIONS.

**DON'T WORRY,
I GOT THIS**



THE PROSTART WAY: SUCCESS TIP #10

INTERACT RESPECTFULLY AND
COOPERATIVELY WITH ALL
OTHERS REGARDLESS OF RACE,
GENDER, RELIGION, ETC.



THE PROSTART WAY: SUCCESS TIP #11

RESPOND APPROPRIATELY TO
POSITIVE & NEGATIVE FEEDBACK.



THE PROSTART WAY: SUCCESS TIP #12

ACCEPT CONSTRUCTIVE
IDEAS AND FEEDBACK.



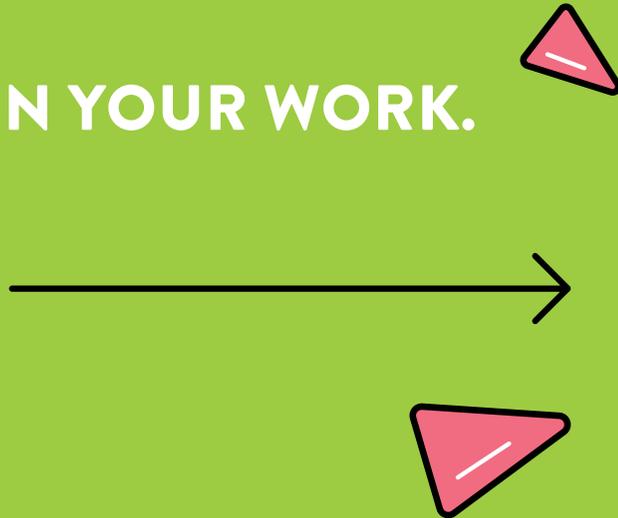
THE PROSTART WAY: SUCCESS TIP #13

USE TECHNOLOGY AND SOCIAL
MEDIA APPROPRIATELY.



THE PROSTART WAY: SUCCESS TIP #14

TAKE PRIDE IN YOUR WORK.



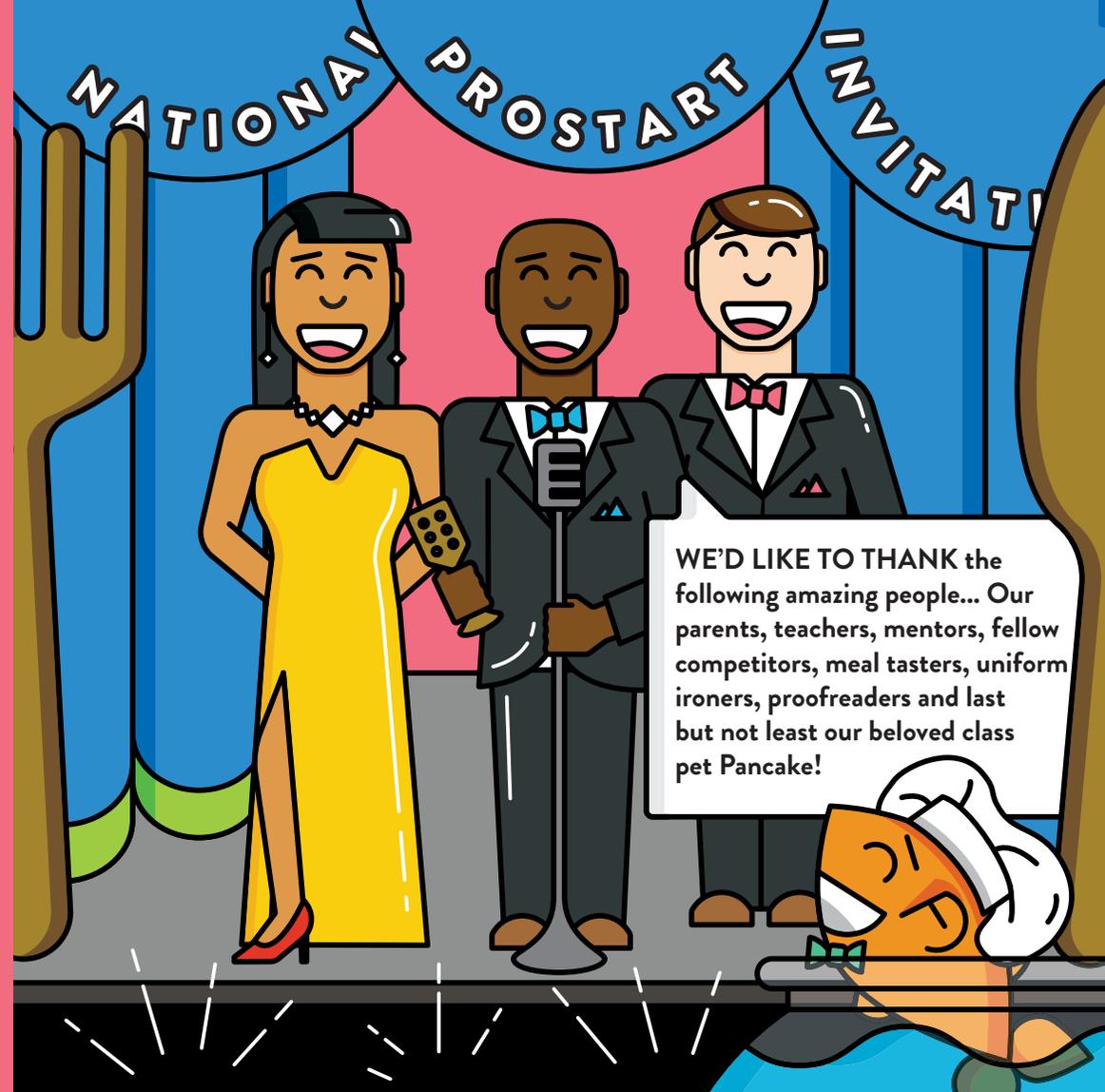
THE PROSTART WAY: SUCCESS TIP #15

CHAMPION EVERYONE.



THE PROSTART WAY: SUCCESS TIP #16

BE A TEAM PLAYER AND
TEAM SUPPORTER.



THE PROSTART WAY: SUCCESS TIP #17

REPRESENT YOURSELF,
YOUR SCHOOL AND YOUR
STATE WITH HONOR.

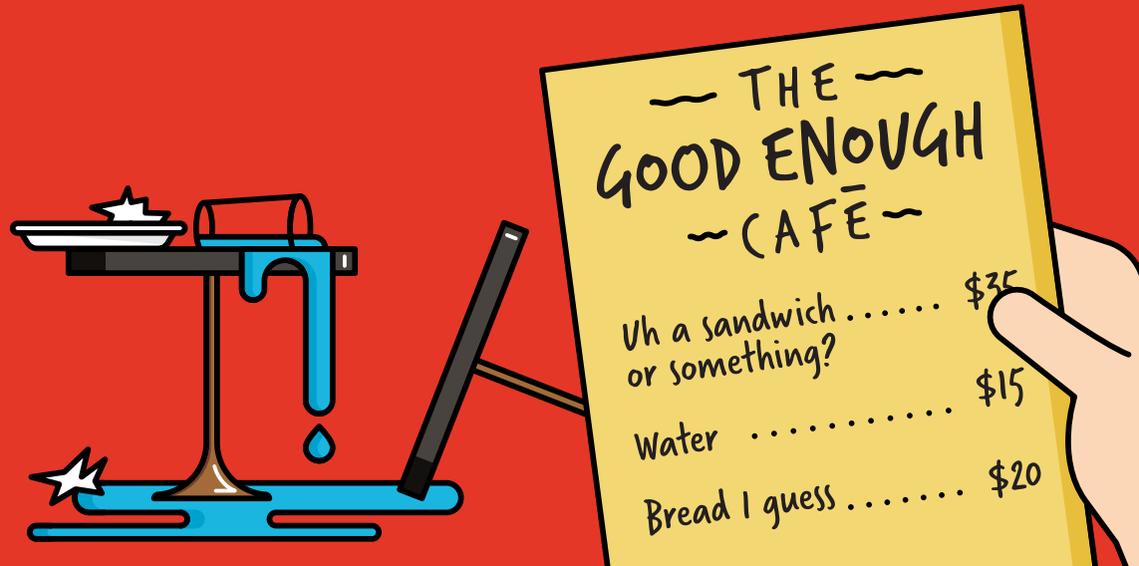


HEY LITTLE DUDES!
I'M PROUD TO
REPRESENT
AWESOME STATE!

WE CAN'T WAIT TO
COMPETE FOR
AWESOME STATE
WHEN WE'RE BIG
LIKE YOU!

THE PROSTART WAY: SUCCESS TIP #18

DO YOUR BEST WORK, 110%.



THE PROSTART WAY: SUCCESS TIP #19

UNDERSTAND THE
CHAIN OF COMMAND.

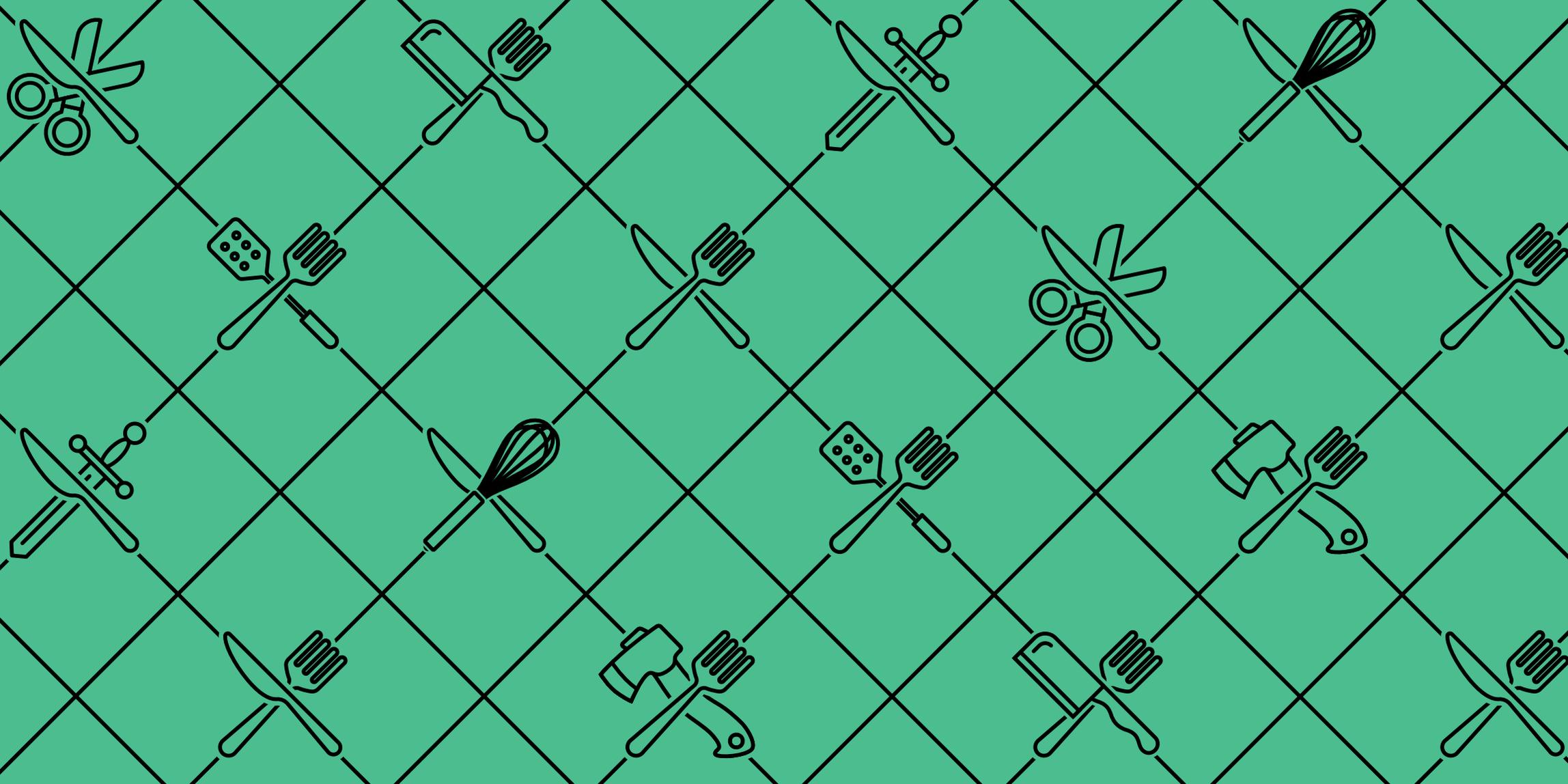


THE PROSTART WAY: SUCCESS TIP #20

WORK WELL AS PART OF A TEAM.

**all for one
and one for all!**





ProStart

National Restaurant Association
Educational Foundation

